

A lush garden scene at dusk. In the foreground, a stone fire pit with a warm fire sits on a mossy lawn. Four wooden Adirondack chairs are arranged around it, some with blankets and mugs. To the left, a wooden arbor is covered in climbing roses. The background is a dense forest of tall trees, with sunlight filtering through the leaves, creating a soft, golden glow. A small stone lantern is visible among the plants.

JOURNEY HOME SUPPORT

A BOOKLET

Journey Home Sanctuary

Who we are, what we believe, and the home we are building for
empowered living and dying.

A note from our founder

Journey Home Support began with a simple belief: that everyone deserves to spend their final moments with dignity and peace, in a space that reflects who they are, surrounded by the people they love.

For years, our doulas have sat at bedsides, held space for grieving families, and walked alongside people making some of the hardest decisions of their lives. What we have learned, again and again, is that when people feel informed, supported, and free to choose according to their own values, fear softens and peace becomes possible.

This booklet is an introduction in two parts. The first half tells you who we are as an organization: what we believe, and how we support our community through education, doula care, and Peace of Mind Planning. The second half introduces the Journey Home Sanctuary, a home we are building so that Medical Assistance in Dying, and every kind of end of life care, can be met with reverence rather than rushed through a clinical hallway.

Thank you for taking the time to learn about this work. I would be honoured to share more with you personally, and to hear your own story.

With warmth and deep gratitude,

Renee Moor

FOUNDER AND EXECUTIVE DIRECTOR, JOURNEY HOME SUPPORT

Journey Home Support

Empowered living and dying, rooted in dignity, choice, and connection.

Journey Home Support is a registered Canadian charity and the first and only end of life organization of its kind serving our community. We exist to normalize death as a natural part of life, not a failure, and to make sure no one has to face it alone.

We support individuals and families through illness, dying, and grief with free doula care, education, and advocacy. We help people understand their options, ask the right questions, and communicate their wishes clearly, so that every choice is grounded in their own values and in what is meaningful to them.

We are funded through donations, fundraisers, grants, and Second Journey Thrift, and every dollar helps us extend free, heart centred support a little further into our community.

First and only

End of life organization of its kind
serving our community

Free doula support

Offered to individuals and families
at no cost

Charity #728048216 RR0001

Registered Canadian charity, tax
receipts issued for every gift

OUR IMPACT

Proof in the work we do today

Before we ask you to help us build a home for the Sanctuary, we want you to see the home we have already built in this community.

Journey Home Support is not a concept waiting to prove itself. It is active, growing work, carried out by real doulas, in real homes, with real families, three years running. This is why we believe we are the organization our community trusts to build Ontario's first community based MAiD Sanctuary.

50 families

Individuals and families supported through our doula program this year, up from 20 last year.

30+ workshops

Workshops and education seminars held on empowered living and dying.

500+ people

Individuals in our community reached through guidance, education, Peace of Mind Planning, doula services, and grief support.

A NOTE FROM SOMEONE WE'VE WALKED ALONGSIDE

Space reserved for a short quote from a family, volunteer, or donor Journey Home Support has served. Add a testimonial here before this booklet is printed or shared.

What we believe

This is how we grow a community that knows how to care for one another.

- **Dignity.** Everyone deserves to spend their final moments with dignity and peace, in a space that reflects who they are.
- **Choice.** Knowing your options, medical, legal, spiritual, and personal, is what allows a person to choose according to their own values.
- **Presence, not management.** We are not a service that comes in to manage. We are a presence that walks alongside, sitting at the bedside and holding space for both silence and emotion.
- **Education as empowerment.** When people feel seen, understood, and supported, their decisions become clearer and more grounded in trust.
- **Dying is natural.** We believe dying is part of life, not a medical failure, and that it deserves the same love and preparation we give to birth.

WHAT WE OFFER

Holding death in the hands of love

Beyond the Sanctuary, Journey Home Support provides comprehensive end of life care and education, grounded in respect, dignity, and connection.

End of Life Doula Support

Our doulas offer heart centred, person led support through one of life's most profound transitions. We create spaces that feel familiar, safe, and reflective of the individual, where music, touch, environment, and meaningful connection are intentionally considered.

In a system that often feels clinical or task focused, we bring the human experience back into dying. We sit at the bedside. We support families. We hold space for both silence and emotion, so that dying can be met with greater peace, dignity, and connection.

Education & Advocacy

We believe that informed individuals and families experience greater peace and less distress at end of life. Through education and advocacy, we help people understand their options, ask the right questions, and communicate their wishes clearly. We walk with individuals and families as they navigate complex systems, making sure their voices are heard, their values respected, and their choices honoured.

A community that knows how to care

Peace of Mind Planning

Planning is one of the greatest gifts we can offer ourselves and the people we love. Through community workshops, guided conversations, and our Peace of Mind Planner, we create space for individuals and families to explore what truly matters before a crisis arrives. When these conversations happen, fear lessens, families feel more prepared, and there is more room for presence, connection, and peace.

Ceremonies & Legacy Projects

How we honour a life matters just as much as how we say goodbye. We work alongside individuals and families to co create personalized rituals, legacy projects, and gatherings that reflect who they are culturally, spiritually, and personally, turning an ending into an expression of love, remembrance, and lasting connection.

Death Doula Certification

Our eight month, in person certification is more than training. It is a personal and community transformation. Rooted in Hamilton and connected to the broader GTA, participants learn not only what to do, but how to be with others in moments of vulnerability and transition. Graduates leave with the confidence to serve as trusted companions, supporting individuals and families with respect, dignity, connection, and trust.

JOURNEY HOME SUPPORT

PART TWO

Introducing the Journey Home Sanctuary

Ontario's first community based space for Medical Assistance in Dying, held in nature, in the hands of love and compassion.

WHY

Dying and death deserve reverence.

The Sanctuary will honour the wholeness of a person, their wishes and values reflective of who they are, while holding and supporting the people who love them.

Most people say they want to die at home, surrounded by those who matter to them. Too few get that chance. Too many face their final days in clinical spaces built for treatment, not for peace.

Across Canada, Medical Assistance in Dying has become an increasingly meaningful option for those nearing the end of life. Yet there is currently no dedicated community space where individuals can choose MAiD outside a hospital or a private home, settings that can feel impersonal or overwhelming for families.

Journey Home Support is closing that gap. The Sanctuary will be a serene, home like environment designed specifically for end of life care, rooted in respect, dignity, and peace.

"Compassion is the soul's light, compassion we live."

From the Sanctuary's guiding spirit

Death is natural. Let it be rooted in nature, surrounded by love, respect, and peace.

THE NEED

Why now

Family members of MAiD recipients often find that home is not always emotionally or logistically possible, and facilities that do permit MAiD can still lack privacy, comfort, or spiritual space. Individuals are left to use clinical spaces, less preferred spaces, or to opt out of this provision altogether. The Sanctuary offers another way.

15,343

People received Medical Assistance in Dying in Canada in 2023, 4.7% of all deaths nationwide.

15.8%

Year over year increase in MAiD provisions, up from 4.1% of all deaths in 2022.

Zero

Community based sanctuaries in Ontario currently designed explicitly for MAiD.

As the need grows, so does the gap. Journey Home Support believes our community deserves a dedicated, non clinical place for this moment, one built with the same intention and care we would want for someone we love.



WHAT

A home, not a facility.

The Sanctuary is designed to feel like a home in nature, not an institution. Warm rooms for gathering. Quiet corners for reflection. Space outdoors for the rituals families need, from a fire lit in remembrance to a garden walk taken in silence.



Space to gather

Living rooms and fireside circles where families can be together, not stuck in a waiting room.



Space to be held

Private rooms where MAiD providers and doulas can do their work without anyone being rushed.



Space to say goodbye

Gardens and grounds that welcome goodbye parties and celebrations, embraced rather than hidden.

WHERE

Rooted in Hamilton

The Sanctuary will be built within the Greater Hamilton Area, close enough for the families we already serve to reach easily, and surrounded by the nature that makes it feel like home rather than a hospital. We are looking for land in the country that can host provisions outdoors and give loved ones the opportunity to walk the grounds in their grief.

Our vision for the Sanctuary

- A serene, home like setting for individuals choosing Medical Assistance in Dying
- A peaceful, non clinical space supported by trained death doulas
- Rooted in nature, compassion, and sacred presence, with spiritual care, ritual support, and grief companionship
- A space where families can gather before and after death without feeling rushed
- Inclusive and culturally safe care for 2SLGBTQ+, Indigenous, and low income individuals
- A replicable model for community based, dignified end of life care that other communities can one day follow

THE CAMPAIGN

Be part of something Ontario has never had.

We are raising \$500,000 to purchase and transform a property in the Greater Hamilton Area into Ontario's first community based MAiD Sanctuary. This has never existed here before. Every gift brings it closer to open.

\$250,000 raised

of \$500,000 goal

We're halfway to bringing Ontario's first end of life sanctuary to life.

What your gift builds

\$450,000

Property purchase and renovation

- Acquiring the land and home in the Greater Hamilton Area
- Renovating private MAiD suites and family gathering rooms
- Accessibility upgrades and building the outdoor garden spaces

\$50,000

Launch and first year

- Furnishings that make the Sanctuary feel like a home
- Opening the doors and welcoming our first families
- First year of operations and doula support on site

A detailed, line item project budget is available on request as our planning with contractors and the property search progresses.

Naming opportunities and legacy making

Your generosity can create a lasting impact, honouring your values while supporting others through one of life's most significant transitions. Custom plaques, acknowledgements in print and digital, and legacy mentions in ceremonies are included with every named gift.

Sanctuary Naming	\$300,000+
Front Garden of Reflection	\$25,000
Back Garden of Contemplation	\$25,000
The Fountain of Farewell	\$25,000
The Light They Left Behind Crystal Garden	\$25,000
MAiD Suite (two available)	\$20,000 each
Community Kitchen	\$15,000
Remembrance Pathway Stone	\$1,000+
Healing Garden Bench	\$1,000
Wings on the Legacy Memory Wall	\$500

A few things people ask us

Is Journey Home Support providing MAiD directly?

No. Qualified physicians and nurse practitioners conduct all MAiD assessments and provisions in accordance with Canadian law. Journey Home Support hosts individuals and their loved ones, offering a safe, non institutional space where the provision can take place with dignity and support, free of charge.

Who can access the Sanctuary?

Adults who have been approved for MAiD under Canadian law and who are seeking a supportive, community based setting for the provision.

What other support does Journey Home Support provide?

MAiD navigation and emotional accompaniment, Peace of Mind Planning, family support sessions before, during, and after death, holistic grief care, education and public workshops, and death doula training and mentorship.

Is Journey Home Support a registered charity?

Yes. Journey Home for Empowered Living and Dying is a registered Canadian charity. Our charitable registration number is 728048216 RR0001.

How is Journey Home Support funded?

We are funded through donations, fundraisers, grants, and Second Journey Thrift.

HOW TO HELP

Your generosity helps build a home.

Whether you are honouring a loved one, expressing your values, or helping build a more compassionate future, your contribution will leave a lasting legacy.

GIVE TODAY

journeyhomesupport.com

Visit our website to donate online, sponsor a room or garden, or schedule a campaign conversation with our team. Every gift, of any size, brings the Sanctuary closer to open.



Other ways to give

Start a conversation

Email our founder, Renee Moor, at renee@journeyhomesupport.com. She would love to hear your story and explore how your gift can reflect what matters most to you. You're also welcome to call or text 289-440-4676.

By cheque

Payable to Journey Home for Empowered Living and Dying, mailed to 3-104 King Street West, Dundas, ON L9H 0B4.

By e transfer

Send to contact@journeyhomesupport.com with the memo Capital Campaign Donation. Please include your full name and address for a tax receipt.

Tax receipts

We are a registered charity, #728048216 RR0001. All donations receive a charitable tax receipt.



Journey Home Support

EMPOWERED LIVING & DYING

This is more than a donation. It's an impact investment in how our community meets its hardest moments, for every family who will need this space, for generations to come.

289-440-4676

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www.journeyhomesupport.com

CHARITABLE REGISTRATION #728048216 RR0001