



JOURNEY HOME SUPPORT

EMPOWERED LIVING & DYING

Presence, dignity, and honour,
for anyone aging, navigating
illness, dying, or reflecting on a
life lived.

Free, community based doula support, planning, and
education for anyone aging, ill, dying, or grieving,
serving Greater Hamilton.



WHY WE EXIST

Dying and death deserve reverence.

We honour the wholeness of a person, their wishes and values reflective of who they are, while holding and supporting the people who love them.

Beauty, peace, and meaning can be created anywhere: at home, in hospital, or in a place built just for this moment, when there's a plan in place and someone offering non-medical support beside you. How we die matters, both to us and to the people we leave behind. We create spaces that remind our community dying is part of life, and should be honoured with reverence.

Journey Home Support was founded around that belief. We offer non-clinical companionship, education, and planning support to individuals and their support circles across Greater Hamilton, rooted in community rather than procedure.

We hold no agenda or opinion on how someone chooses to die. Our role is to offer peace and meaning, whatever that looks like for the person in front of us.

Rooted in community, growing every year across Greater Hamilton.





WHAT WE OFFER

Our free services, and the peace of mind they bring.

Every program below is offered free of cost, so finances are never what stands between someone and the support they need. Each one is built around a simple outcome: your wishes known, your story honoured, your people supported.



Doula Support

A steady, non-clinical presence through illness, dying, and grief. The outcome: you and the people who matter to you are never navigating the hardest moments alone.



Peace of Mind Planning

Guided support to think through and document your wishes for illness, aging, and end of life, ahead of a crisis. The outcome: less uncertainty, and confidence that your wishes will be known and respected.



Legacy Program

Legacy Circles for shared, spoken story, and Legacy Expression, a six week program helping you pass on what matters most, in your own words, ending in a written ethical will.

WHAT IS AN ETHICAL WILL?

Unlike a legal will, an ethical will has nothing to do with property. It's a personal letter, written or spoken, that passes on your values, blessings, and hopes for the people you love. It's the heart of our Legacy Expression program.



Education & Workshops

Talks and workshops on grief, ritual, legacy, and end of life options, for community groups, workplaces, and organizations. The outcome: people who feel prepared, not afraid, when death enters the room.

All core programs are offered at no cost, funded by community donations, Second Journey Thrift, and community grants.



HOW WE'RE DIFFERENT

Alongside your care, not instead of it.

We work alongside medical and clinical teams, never in place of them. Where clinical care treats the diagnosis, we hold space for everything around it: the person, their relationships, their fears, and what this moment means to them.



We meet the truth of it

We don't rush anyone toward "it will be okay."
We sit in what's actually being felt.



We listen before we advise

Grief literacy, for us, means witnessing without interference.



We hold no agenda

No opinion on how someone should die. Only support for how they choose to.



Wherever you call home

Journey Home Support meets people in hospitals, hospice, care homes, and private residences throughout Hamilton and the Greater Hamilton Area. Wherever you are, we can come alongside you there.

"That's our job. We've got you."

What we say to the families we support



OUR IMPACT

Three years of showing up for Greater Hamilton.

None of this happens alone. It's built by volunteers who show up, neighbours who give what they can, and a community that believes dying deserves as much care as living.

3

Years serving Greater Hamilton

30+

Volunteers giving their time and hearts

100%

Free, always. Cost is never the barrier

Working alongside local hospices, financial planners, funeral homes, and private home care providers across Hamilton, so families always know where to turn.

IN THEIR WORDS

"[Add a short, real quote from a family, volunteer, or partner you've walked with.]"

A space ready for your words

"[Add a second testimonial here, from a volunteer or community partner.]"

A space ready for your words



GET INVOLVED

Free services exist because people choose to fund them.

There's no single way to help. Choose whichever fits you, and here's exactly how to start.

Donate

Every gift, at any size, keeps our services free for the people who need them.

**Give online in minutes at
journeyhomesupport.com**

Volunteer

From community outreach to our thrift shop, there's a place for your time and skills.

**Email or call us to get
started today**

Shop & Donate Goods

Second Journey Thrift funds our free programs, one donated treasure at a time.

**Drop off gently loved
goods any time**



Scan to visit us online

journeyhomesupport.com · @journeyhomesupport on Instagram

See our programs, meet our volunteers, and give in just a few taps.

289-440-4676 · contact@journeyhomesupport.com · Hamilton & Dundas, Ontario



WHAT'S NEXT

Journey Home Sanctuary

Ontario's first community sanctuary for dying. A home in nature where death is met with reverence, held in the hands of love and compassion, not rushed by walls or schedules.



Picture a fire circle at dusk, gardens that keep growing after someone is gone, and rooms built for stillness rather than urgency. A place with one purpose: to hold people through the most sacred passage of their lives, exactly as they wish to be held.

We're raising the funds to build it now. Every dollar, every hour, and every voice brings the Sanctuary closer to open. Reach out to learn more, tour the plans, or become a founding supporter.

289-440-4676 • Renee Moor, Founder

journeyhomesupport.com