



JOURNEY HOME SUPPORT

EMPOWERED LIVING & DYING

Presence, dignity, and
honour, for anyone aging,
navigating illness, dying, or
reflecting on a life lived.

A registered charity offering free, human-centred care across Greater
Hamilton.

WHY WE EXIST

Dying and death deserve reverence.

We honour the wholeness of a person, their wishes and values reflective of who they are, while holding and supporting the people who love them.

Beauty, peace, and meaning can be created anywhere, at home, in hospital, or in a place built just for this moment, when there's a plan in place and someone offering non-medical support beside you. How we die matters, both to us and to the people we leave behind. We create spaces that remind our community dying is part of life, and should be honoured with reverence.

Journey Home Support was founded around that belief. We offer non-clinical companionship, education, and planning support to individuals and their support circles across Greater Hamilton, rooted in community rather than procedure.

We hold no agenda or opinion on how someone chooses to die. Our role is to offer peace and meaning, whatever that looks like for the person in front of us.



WHAT WE OFFER

Our free services

Every program below is offered free of cost, so finances are never what stands between someone and the support they need.

- **Doula Support**

A steady, non-clinical presence through illness, dying, and grief, for individuals and the people who matter to them.

- **Peace of Mind Planning**

Guided support to think through and document your wishes for illness, aging, and end of life, ahead of a crisis.

- **Legacy Program**

Legacy Circles for shared, spoken story, and Legacy Expression, a six week program ending in a written ethical will.

- **Education & Workshops**

Talks and workshops on grief, ritual, legacy, and end-of-life options, for community groups, workplaces, and organizations.

All core programs are offered at no cost, funded by community donations, Second Journey Thrift, and community grants.



HOW WE'RE DIFFERENT

Alongside your care, not instead of it.

We work alongside medical and clinical teams, never in place of them. Where clinical care treats the diagnosis, we hold space for everything around it: the person, their relationships, their fears, and what this moment means to them.



We meet the truth of it

We don't rush anyone toward "it will be okay." We sit in what's actually being felt.



We listen before we advise

Grief literacy, for us, means witnessing without interference.



We hold no agenda

No opinion on how someone should die. Only support for how they choose to.

"That's our job. We've got you."

What we say to the families we support



GET INVOLVED

Free services exist because people choose to fund them.

There's no single way to help. Choose whichever fits you.

Donate

Every gift, at any size, keeps our services free for the people who need them.

Volunteer

From community outreach to our thrift shop, there's a place for your time and skills.

Shop & Donate Goods

Second Journey Thrift funds our free programs, one donated treasure at a time.

289-440-4676 · contact@journeyhomesupport.com · Hamilton & Dundas, Ontario



WHAT'S NEXT

Journey Home Sanctuary

Ontario's first community sanctuary for dying. A home in nature where death is met with reverence, held in the hands of love and compassion, not rushed by walls or schedules.

We're raising the funds to build it now. Reach out to learn more, or to become part of its story from the beginning.

289-440-4676 · Renee Moor, Founder